



Medical Trends – Efficacy Proof

Remedies for ailments are changing. Cinnamon is proved self-evident!

This is a compelling case why T/C+ is so effective.

by JC Spencer

Evidence is building for Ceylon Cinnamon and the sugar Trehalose. Medical evidence now verifies what we have known for years. Medical scientists are uncovering just how Cinnamon and Trehalose are so remarkably beneficial.

Let us make life more enjoyable by adding flavor to health. You should enjoy putting life changing foods in your mouth. **Let medicine be your food and food be your medicine.*** Traditionally, cinnamon has been a spice to flavor food.

Scientists have compiled clinical data which reveal that the phenolics in cinnamon have antioxidant properties that work in the body as free radical scavengers, supply lipid peroxidation, is anti-inflammatory and has anti-secretagogue and anti-gastric ulcer effects. Cinnamon has significant antimicrobial properties including the human reovirus.

Anti-diabetes effects from hydroxycinnamic and naphthalenemethyl ester has significant antihyperglycemic effect that lowers cholesterol, triglycerides while increasing HDL cholesterol. Increased insulin sensitivity and post-prandial satiety is evident.

Anti-allergic effects from the polyphenols of the cinnamon bark provide symptomatic relief from allergic “hay fever.” Moderate inhaling of the aromatic cinnamon or as a nasal spray have proven beneficial and one study showed improved brain function from breathing the aroma.

*“Cinnamon bark research has moved many miles ahead from culinary use as a spice and traditional medical use. Several of its medical properties and safety are now validated through modern scientific methods. These include anti-biotic, anti-inflammatory, cardioprotective, and neurological disorders.”***

I formulated T/C+ primarily because from its compounded neurological benefits of Trehalose, Ceylon Cinnamon, and certain important trace minerals. Our Pilot Studies have verified significant results. Years of our Pilot Studies were destroyed in 2017 by the Houston Flood - Harvey. We are still recovering from the damage and we need new participants in our Pilot Studies to replace the data lost in the Houston Flood.

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References and more information

* Quote from Hippocrates, known as the Father of Medicine and author of the Hippocratic Oath, **“Do no harm”** – not well followed today.

** Dilip Ghosh, PhD, FACN - involved with Sydney University Australia published in Nutraceuticals World October 2019
https://www.nutraceuticalsworld.com/issues/2019-10/view_columns/cinna-mon-a-journey-from-traditional-flavor-to-modern-health-applications/

Download: www.TexasEndowment.org/MedicalTrendsEfficacyProof

The Plan to restructure the FDA

To Kill A Rat by JC Spencer - <http://ToKillARatBOOK.com>

[Glycoscience 101](#) order from Amazon or our website

<http://www.OneSmartSugar.com>

Recap:

T/C+ was designed to improve health and to serve...

- as anti-depressant
- reduce cell stress
- brain function
- lower high blood pressure
- cardiovascular
- metabolic syndrome
- inhibit fat cell enlargement
- lower triglycerides
- strengthen cell membrane
- sustain energy
- protect cell proteins
- help protein folding
- diabetes 1 & 2
- lower LDL cholesterol
- stress tolerance
- increases HDL
- stabilize proteins
- inflammation
- arthritis
- inhibit progression of Type 2 Diabetes
- provide anti-depressant benefits
- inhibit inflammatory conditions
- nourish neurological processes
- delay neurological malfunction
- inhibit beta-amyloid 40 and 42
- delay onset of muscular dystrophy, MS, Parkinson's, Alzheimer's, ALS and Huntington's.

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These statements have not been evaluated by the FDA. This product is not promoted to diagnose, treat, cure, or prevent any disease.